



# REFERRAL GUIDELINES

## Sexual & Reproductive Health Services

**Head of Unit:** Jolyon Ford

**Referrals:** Referral addressed to named head of unit is preferred.  
(Self-referral Welcomed)

Referral via ACCESS  
Phone: 1300 665 781  
ACCESS Fax: 9784 2309

ACCESS Referral Form  
or

Women's Health Clinic  
Phone 97842600  
FAX 9788 1879

### Clinic overview:

These services are staffed by a General practitioner, Nurse practitioner and Sexual Health Nurse to improve sexual and reproductive health for our clients

GPs can contact the Sexual and Reproductive Health Nurse Practitioner (0466 453 003) for advice on referral pathways

- Cervical screening test
- Contraceptive advice, including Intrauterine Devices (IUD) and Implanon insertions
- Medical termination of pregnancy
- Screening and treatment for sexually transmitted infections
- Sex worker screening and certificates
- Emergency contraception
- Pregnancy testing / referral and advice
- Pregnancy choices counselling
- Fertility awareness and advice
- Continence awareness and advice
- Menopause assessment and management
- Opportunistic breast self-examination education
- Vulval health
- Postnatal Health check

### IMPORTANT:

The following referral information is mandatory:

#### Referral:

- Date of referral
- Speciality
- Referring practitioner name
- Provider Number
- Referrer's signature

#### Patient Demographic:

- Full name
- Date of birth
- Postal address
- Contact numbers
- Medicare Number

#### Clinical:

- Reason for referral
- Duration of symptoms
- Management to date
- Past medical history
- Current medications
- Allergies
- Diagnostics as per referral guidelines

#### Preferred:

- Addressed to named practitioner
- Duration of referral (if different to standard referral validity)
- Next of kin

**HEAD OF UNIT**  
**Dr Jolyon Ford**

**PROGRAM DIRECTOR**

**ENQUIRIES**

ACCESS 1300 665 781

Reviewed: 17/8/2021



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## Sexual & Reproductive Health Services

<b>Categories for Appointment</b>		
	Clinical Description	Timeframe for Appt
Category 1 Urgent	Pregnancy < 9 weeks seeking termination of pregnancy. Symptomatic STI Emergency contraception	Next available
Category 2 Routine	All other categories	Within 2 weeks
Emergency	Uncontrolled vaginal bleeding, or if the woman is hemodynamically unstable Suspected ectopic pregnancy	Refer to emergency Department
<b>Eligibility Criteria</b>		
This clinic is available to;		
<ul style="list-style-type: none"> <li>• LGBTQIA clients who were born with a cervix</li> <li>• Women who do not have a regular GP that require assessment</li> </ul>		
Peninsula Health Catchment preferred		
<b>Exclusions</b>		
The Peninsula Health Sexual and Reproductive Health Clinic is unable to provide treatment and assessment:		
<ul style="list-style-type: none"> <li>• Undiagnosed breast lumps</li> <li>• Men's sexual health – transgender accepted with cervix</li> </ul>		
<b>Alternative referral options</b>		
Breast Lumps can be referred to the Peninsula Health Breast Clinic or private services		
Uterovaginal prolapse, urinary incontinence requiring a gynaecological assessment, urodynamic investigations can be referred to the Urogynaecology Clinic		

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For other specialist gynaecologist options refer to private services or other local public health services

Males under 25yrs of age can be seen at Headspace Frankston or referred to the Melbourne Sexual Health Clinic

### Minimum Referral Information Required

Please note, referral cannot be processed if minimum information is missing)

- Referring practitioner name, provider number and signature.
- Date of referral
- Patient's name, address, date of birth, Medicare number and phone number.
- Clinical details and reason for referral
- Relevant medical history
- Medications
- Allergies
- Results of all recent and relevant investigation

### Clinic information

#### Frankston Hospital

Monday Mornings

- Located in Frankston Hospital –Outpatient Area 1 Building D,

#### Hastings Community Health Centre (Medical Abortion clinic with GP, Tuesdays only)

- Located at 185 High Street, Hastings

#### Rosebud Community Health Centre – Sexual Health Nurse Clinic

- Located at 38 Braidwood Avenue, Capel Sound.

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## Sexual & Reproductive Health Services

### Other Information

1880myoptions (unplanned pregnancy)

Melbourne Sexual Health

Victorian Aids Council

Headspace Frankston

Family Planning Victoria

The Action Centre Melbourne

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